
The two disciples recounted what had taken place on the way, and how Jesus was made known to them in the breaking of bread. While they were still speaking about this, he stood in their midst and said to them, “Peace be with you.” But they were startled and terrified and thought that they were seeing a ghost. Then he said to them, “Why are you troubled? And why do questions arise in your hearts? Look at my hands and my feet, that it is I myself. Touch me and see, because a ghost does not have flesh and bones as you can see I have.” And as he said this, he showed them his hands and his feet. While they were still incredulous for joy and were amazed, he asked them, “Have you anything here to eat?” They gave him a piece of baked fish; he took it and ate it in front of them. He said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the law of Moses and in the prophets and psalms must be fulfilled.” Then he opened their minds to understand the Scriptures. And he said to them, “Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things.”

Focus Questions

1. What did Jesus say in greeting to the disciples when He appeared to them?
2. What did Jesus have the disciples do to calm them? What did He ask them for?
3. What did Jesus teach the disciples about?
4. Jesus tells the disciples that they are witnesses. What is a witness? What does a witness do? What do you think Jesus is telling the Apostles to do?
5. Imagine that you were with the Apostles that night when the Risen Jesus appeared to them. You had not seen the Risen Jesus yet. How would you have felt waiting and wondering if Jesus had truly risen from the dead? Would you have believed the stories you had heard about Jesus’ Resurrection? Why or why not? How do you think the Apostles felt when they finally saw the Risen Jesus that night? How would you have felt seeing Him for yourself?
You Are Witnesses

Directions: In this week’s Gospel, Jesus told His Apostles that they were His witnesses. A witness is someone who was seen something happen and tells others about it, usually in a court of law. In fact, in court, eye-witness testimony is often the most valuable evidence. The Apostles were witnesses of Jesus and the work of salvation that He accomplished. They were with Jesus all throughout His public ministry. They knew Him better than anyone else except for His own mother, Mary. They were the best and most able people to tell others of who Jesus is and what He had done for us. And that is exactly what they did.

Today, you are witnesses of Jesus. You have met and you know Jesus. You know of what He taught and what He did to save us from sin. And you know what someone must do to accept Jesus' invitation to be a part of God's family and receive the gift of salvation.

Answer the questions below to prepare your own witness of Jesus that you can share with others.

1. In two or three sentences, describe who Jesus is.

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2. In two or three sentences, describe how Jesus won our salvation from sin.

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3. In two or three sentences, explain why it matters to us who Jesus is and what He did.

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4. In two or three sentences, explain how your life is different because you know Jesus.

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5. In two or three sentences, explain what someone must do if they want to become a follower of Jesus.

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