



Catch the Spirit



This week, your child learned that:

- › The Holy Spirit is the third Person of the Trinity.
- › Jesus promised to send the Holy Spirit to teach us and guide us.
- › The Holy Spirit helps us believe in Jesus Christ and all that He taught us, and helps us to live holy lives.
- › Spirit is from a Hebrew word meaning “breath.”
- › God breathes the breath of life into each of us and fills us with His Holy Spirit.
- › Jesus’ promise to send the Holy Spirit was fulfilled on Pentecost, when the Holy Spirit descended upon Mary and the Apostles.
- › Pentecost is the birthday of the Church.
- › The Holy Spirit continues to lead us to holiness in the Catholic Church.



Family Talk Time

Which is your favorite symbol of the Holy Spirit? Why do you think it is a good symbol? What do you think makes birthdays so special?



Meditation for This Week:

[Y]ou will receive power when the holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.

—ACTS 1:8



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This week, your child learned that:

- › The Holy Spirit teaches us how to live holy lives, how to follow Jesus, how to pray, and how to share the Gospel with others.
- › The gifts of the Holy Spirit are unique qualities or characteristics that Jesus possessed.
- › We are given the gifts of the Holy Spirit at our Baptism and they are strengthened within us in Confirmation so that we can be more like Jesus.
- › The Holy Spirit inspires us to pray.



Family Talk Time

Do you know someone who is holy? What makes them so? In what ways would you like to be like them?



Meditation for This Week:

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth. Amen.