Family Talk Time
What is something that you have practiced over and over again? Does that thing get easier the more you practice it? What ways can you practice virtue?

Prayer to say as a family this week:
Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shall renew the face of the earth. O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.