This week, your child learned that:

- We often feel drawn to make selfish choices, because of Original Sin. This is called temptation.
- Temptation is not sinful.
- Jesus gives us examples of how to resist temptation.
- Serious sin – that is, completely turning away from God – is called mortal sin.
- Less serious sin is called venial sin.

Family Talk Time

Can you think of ways in which our selfish choices hurt other people too? What are good ways to defeat temptation?

Prayer to say as a family this week:

Our Father, who art in Heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.