Family Talk Time

How does it feel to give up something you like? Is it different when you give something up for somebody you love?

Prayer to say as a family this week:

May the Lord be on my mind, on my lips, and in my heart. Amen.

This week, your child learned that:

- Lent is a special season for thinking about Jesus' sacrifice on the Cross.
- Jesus prayed and fasted in the desert for 40 days.
- Lent lasts 40 days.
- We pray in a special way during Lent, go without things we enjoy, and help the needy.