Family Talk Time

Can we pray without speaking? Do you think it is possible to pray constantly?

Prayer to say as a family this week:

My God, I believe, I adore, I hope and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.

– The Pardon Prayer

This week, your child learned that:

› When we pray, our hearts are in communion with God.
› Types of prayer include meditative prayer, contemplative prayer, and devotional prayer.
› The Liturgy of the Hours is the public prayer of the Church in which the clergy and laypeople alike “exercise the royal priesthood of the baptized” (CCC 1174).