This week, your child learned that:

- In the Sacraments of Baptism and Confirmation, God marks each of us with a permanent spiritual mark on our souls.

- Jesus is the Anointed One of God, the Messiah and Christ prophesied in the Old Testament.

- We believe that Jesus is one Person with two distinct natures (divine and human). He is 100 percent God and 100 percent man.

Family Talk Time

What is something very special that you wait for all year long? What do you love about it? Do you think this is how the Israelites felt about the coming of the Messiah?

Prayer to say as a family this week:

O Holy Spirit, make me a faithful follower of Jesus, an obedient child of the Church, and a help to my neighbor. Give me the grace to keep the commandments and to receive the Sacraments worthily. Raise me to holiness and to everlasting life. Amen.

- from Novena to the Holy Spirit