Family Talk Time

Have you ever done something that you had to apologize for? How did you feel before you apologized? How did you feel after you apologized?

Prayer to say as a family this week:

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.