This week, your child learned about:

- The Mass is the celebration of Divine Worship and the highest celebration of our Faith.
- The Mass is celebrated in two main parts: the Liturgy of the Word and the Liturgy of the Eucharist.
- The faithful are required to participate in Mass on Sundays, solemnities, and Holy Days of Obligation.

Family Talk Time

What do you think is most beautiful about Holy Mass? What are some ways we can “go forth” after Mass and carry Christ into the world?

Prayer to say as a family this week:

We adore you and praise you, most holy Lord Jesus Christ, because by your Holy Cross you have redeemed the world. Amen.