Family Talk Time
What is the purpose of armor? Why do you think we need spiritual armor?

Prayer to say as a family this week:
Breathe into me, Holy Spirit, that my thoughts may all be holy. Move in me, Holy Spirit, that my work, too, may be holy. Attract my heart, Holy Spirit, that I may love only what is holy. Strengthen me, Holy Spirit, that I may defend all that is holy. Protect me, Holy Spirit, that I may always be holy.

– Prayer to the Holy Spirit by St. Augustine