Family Talk Time

Why do you think the Church is called the Body of Christ? What happens if a part of the body doesn’t work properly?

Prayer to say as a family this week:

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love only what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.

– St. Augustine

This week, your child learned that:

- The Church is the Body of Christ.
- Like a body, the Church is made of many parts but is still one. The People of God make up the Body of Christ.
- The four marks of the Church are the defining characteristics of the Church given to her by Jesus: the Church is one, holy, Catholic, and apostolic.
- The Holy Spirit, working in and through the Church today, unites the People of God.