Family Talk Time

When we sin, what is the best way we can apologize to God?

Prayer to say as a family this week:

O my God, I am sorry for my sins. In choosing to sin, and failing to do good, I have sinned against you and your Church. I firmly intend, with the help of your Son, to make up for my sins, and to love as I should. Amen.

This week, your child learned that:

- Sin is an offense against God, and we sin when we fail to love God, ourselves, and our neighbor.
- God shows His mercy in many ways, but most powerfully in the forgiveness of sins.
- The Act of Contrition helps us to express our sorrow to God for our sins.