Family Talk Time
What can we do to help keep our focus on Jesus during Mass?

Prayer to say as a family this week:
May the Lord be on my mind, on my lips, and in my heart. Amen.

This week, your child learned that:

› The Mass is the memorial of Christ’s sacrifice on the Cross and Resurrection from the dead.

› At every Mass, the events of our salvation are made present to us on the altar in the Sacrament of the Holy Eucharist, and we are invited take part in this memorial of our salvation.

› The Mass has two parts: the Liturgy of the Word and the Liturgy of the Eucharist.