Sunday Reading

A Reading from the Gospel of Matthew 5:1–12: The Beatitudes

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: “Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven.”
Focus Questions

1. From where does Jesus give His teaching in this Gospel reading?
2. What does Jesus call each person that He speaks of in His teaching?
3. What do we call a person who has lived a life of holiness and is now in Heaven with God?
4. Jesus wants all of our lives to be holy so that one day we can be with Him in Heaven. How can you start to lead a holy life today?
Solemnity of All Saints

Directions: Follow along as you hear about All Saints Day.

A saint is soul who has lived a life holiness and is now in Heaven with God. The Church tells us of many souls that we are sure are Saints in Heaven, such as St. Francis of Assisi, or St. Clare.

The saints worship God forever in Heaven. They also intercede for us. That means they hear our prayers and take them to God.

They also pray for us. What better person could we ask to pray for us than one who is forever in front of God in Heaven!

We are all called to be saints. We all share the same goal of our earthly lives – Heaven.

All Saints Day began many centuries ago as a day to honor the lives of the martyrs. A martyr is someone who died
for their faith in God. Eventually this day grew to honor all of the Saints, not just the martyrs.

Every year, on this day, we continue to honor the Saints who have gone before us. We remember their example of holiness and ask for them to pray for us.

The lives of the Saints give us powerful examples of holiness to follow in our own lives every day, not just on All Saints Day.
## Lives of the Saints

**Directions:** Choose a saint and look up his or her biography either online or in a lives of the saints book. Then, complete the activity below.

<table>
<thead>
<tr>
<th>Saint</th>
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<tbody>
<tr>
<td>How did she/he love and serve God?</td>
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<tr>
<td>How did she/he love and serve others?</td>
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<tr>
<td>What Beatitude did this saint show you how to live?</td>
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