Lent

Directions: Read about Lent with a parent. Then use the Lent Code to solve the puzzle and answer the questions.

Lent is the 40 days before Easter. Jesus rose from the dead on Easter Sunday. Lent begins on Ash Wednesday. A cross made of ashes is put on our foreheads on Ash Wednesday. The ashes remind us of when God made Adam. They also remind us of God's mercy and love for us.

Lent is a season for us to grow closer to God. Jesus taught us a few ways to do this. He taught us to help others, to pray, and to fast.

Help others

Jesus tells us to help others. Some examples of people who need our help are the poor, the hungry, the sick, and the lonely. We can help by giving food or money. We can spend time with someone or do good things for them.
Pray
We talk to God when we pray. God talks to us too. We are friends with God when we pray.

Fast
When we fast, we give something up and give it back to God. Some people give up candy or chocolate, or even watching TV for Lent as a gift to God. What can you give up for God?
Lent Code

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What three things can we do during Lent to grow closer to God?

1. _____ _____ _____ _____
   24 10 5 22

2. _____ _____ _____ _____ _____ _____ _____ _____
   4 1 9 24 12 14 4 1 10 7

3. _____ _____ _____ _____
   8 5 7 14
Answer Key

Lent Code

1. Pray
2. Help others
3. Fast