Journey through Lent
ASH WEDNESDAY

Materials

- Handout A: Gospel Reading for February 17, 2021
- Handout B: Lent

Learning Goals

In the Gospel passage for Ash Wednesday, the beginning of Lent, Jesus teaches His disciples, and us, about the how we should give alms, pray, and fast. These three practices have traditionally formed the pillars of Catholic Lenten practice. In this lesson, students will learn about the season of Lent and consider these three pillars of Lenten practice.

Gospel Reflection

A. Have students read the Gospel passage, or read it aloud to your students, and then answer the focus questions. You may have students answer them on their own or you may discuss them together as a class.

B. Review and discuss the correct answers when finished.

Activity

Have students complete the Handout B: Lent activity. You may choose to have your students read about Lent on their own, or you may read together as a class. Then discuss the answers when finished.
Answer Key

Handout A: Gospel Reading for February 17, 2021
1. Not doing righteous deeds so that people can see them.
2. God our Father, who will repay us.
3. Praying like the hypocrites so that others can see you.
4. God our Father, who will repay us.
5. Looking gloomy, like the hypocrites, so that others know we are fasting.
6. God our Father, who will repay us.

Handout B: Lent
1. Pray
2. Help others
3. Fast