Jesus’ Divinity and Humanity

Directions: Read the information with a parent about Jesus’ humanity and divinity and why He died for us.

In this week’s Gospel, Jesus is revealed in all of His glory as God. His divinity shines through, literally, as a blinding light. And yet, Jesus is still Jesus. His humanity doesn’t go away. His divinity, the glory of God, whom He is fully, is made known in and through His humanity. This is part of the mystery of the Incarnation, the Son of God assuming a human nature and becoming man in the Person of Jesus Christ. How is it that Jesus is both 100% fully God and 100% fully human? Rather than being a mystery for us to solve, the mystery of the Incarnation is a great truth that only God can make known to us. The dual nature of Christ is a profoundly beautiful reality that invites us to contemplate how great God’s love is for us – that the all-powerful God of the universe would humble Himself and become one of His creatures, a human being, in order to show us His love, be our model of holiness, and save us from sin.

During Lent, we are reminded of both the humanity and divinity of Jesus. Soon, we will memorialize Jesus’ Passion and Death on the Cross. In His humanity, Jesus suffered greatly, and poured out His life for us on the Cross. But He did not stop being God in those moments of suffering. That means that our God deeply and personally knows what it is like to be one of us, even in our greatest moments of suffering. And then, on Easter Sunday, Jesus rose from the dead. Our God defeated death and conquered sin! Let us reflect on these great truths of our Faith all throughout this Lenten season.

Sacred Art Reflection

Directions: Using the questions provided, reflect with a parent on the humanity and divinity of Jesus using the two paintings on the next page by Carl Bloch.

1. Take a moment to observe the first painting, The Sermon on the Mount. What first stands out to you about this painting?

2. In the Gospels, the Sermon on the Mount is the greatest example of Jesus teaching His disciples. How does this painting show us Jesus teaching?

3. How would you describe the people in the crowd and how they are relating to Jesus?

4. In what way does this painting emphasize Jesus’ humanity? What evidence of his divinity is present in the painting?
5. Take a moment to observe the second painting, Transfiguration. What do you first notice about this painting?

6. In what ways does this painting emphasize Jesus’ divinity? What evidence of His humanity is present in the painting?

7. How is this painting similar to The Sermon on the Mount painting? How are they different?

8. Why do you think it is important that Jesus was Transfigured?
Directions: In the frame below, draw your own picture of Jesus that shows that He is both fully God and fully human.