



Catch the Spirit



This week, your child learned that:

- ▶ In the Incarnation, the Son of God assumed a human nature in order to accomplish our salvation.
- ▶ Jesus was born of a woman, Mary, by the power of the Holy Spirit.
- ▶ Jesus is fully God and fully man, possessing two natures, one divine and human, united in the one Person of God's Son.
- ▶ God is love and He loves the world so much that He sent His only Son to die for our sins so that we might have eternal life.
- ▶ Jesus' death on the Cross and Resurrection made it possible for us to go to Heaven.
- ▶ Heaven is where all who die in God's grace and friendship go after death and live forever with Jesus and the Virgin Mary, all of the angels and all of the saints.
- ▶ We must respond to God's love and gift of salvation.



Family Talk Time

How many ways has God blessed you? Can you think of some of the things you are thankful for in life? How can you thank God for His love?



Meditation for This Week:

Whoever is without love does not know God, for God is love.

—1 JOHN 4:8



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This week, your child learned that:

- › Jesus is our model of holiness.
- › Jesus teaches us the two Great Commandments: loving God and loving neighbor.
- › Jesus taught us how to achieve perfect happiness in Heaven with God by living our purpose here on earth by following the Beatitudes.
- › The Beatitudes call us to the Kingdom of Heaven.
- › Jesus taught us about the Kingdom of Heaven with parables.



Family Talk Time

Who are some models of goodness you look up to in your life? What do you learn from them?



Meditation for This Week:

Lord Jesus, help me to love you with all my heart, with all my soul, and with all my mind every day of my life. Amen



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This week, your child learned that:

- ▶ Jesus gave us an example to follow so that we can go to Heaven.
- ▶ It is not always easy to follow Jesus.
- ▶ It is always right and good to follow Jesus' example, even when it is hard or does not make us immediately happy.
- ▶ Jesus sent us the Holy Spirit to help us imitate and follow Him.



Family Talk Time

Can you remember a task that was hard for you to do in the moment, but made you happy afterwards? Do you think it make you stronger or weaker?



Meditation for This Week:

Enter through the narrow gate; for the gate is wide and the road broad that leads to destruction, and those who enter through it are many. How narrow the gate and constricted the road that leads to life. And those who find it are few.

—MATTHEW 7:13-14