



Journey through Lent

THIRD SUNDAY OF EASTER

Middle and Upper Elementary

Materials

- ▶ Handout A: Gospel Reading for Sunday, April 26, 2020
- ▶ Handout B: The Appearance on the Road to Emmaus and Holy Mass

Learning Goals

This week we read about the appearance of Jesus to disciples on the Road to Emmaus. In this story, we see the origins and the structure of the Holy Mass that the Church has celebrated for over 2000 years!

Activity

Note: You may send this week's activities home for students to complete with their parents.

- Have students read the Gospel passage, or read it aloud to your students.
- Point out to your students that Jesus is the Master Teacher. The way He teaches the disciples on the Road to Emmaus gives us a blueprint not only for what good teaching looks like, but also the basic structure of Christian worship—Holy Mass.
- As a class, fill in the **Road to Emmaus** chart with a list of the different steps Jesus takes in teaching the disciples. Students can fill this in on their activity sheets, and/or draw pictures for each step. Once students have completed the **Road to Emmaus** chart, have them complete the **Holy Mass** chart in the same way.
- Help students compare the two charts and connect the steps that are described in each.
- Lead your students in praying the following prayer:
Jesus, thank you for your Word proclaimed at Mass. Help us recognize you in the breaking of the bread.
- Finally, have your students answer the reflection question.

Answer Key

Handout A: The Appearance on the Road to Emmaus

1. Disciples
2. Scriptures
3. Bread
4. Recognize
5. Set off to tell others

Handout B: The Appearance on the Road to Emmaus and Holy Mass

Holy Mass

1. Meets
2. Homily
3. The blessing (or words of consecration)
4. Jesus in the Eucharist (or the Body and Blood of Jesus). This part of Mass is sometimes referred to as the Breaking of the Bread because we receive Jesus under the appearance of bread and wine.
5. Tell others about Jesus, to witness to the Gospel, accept other answers related to bringing the light of Christ to others.