

*Celebrate!*

**ST. THÉRÈSE OF LISIEUX**  
**OCTOBER 1**



I am little, but I can aim at being a saint.  
-St. Thérèse of Lisieux



**THINGS TO DO  
THIS MONTH:**

- 1** Keep a “Little Ways” journal. Write down all the little ways you show love to God and neighbor each day.
- 2** Spend time at your parish church and look for all the ways God uses visible things to communicate about invisible things.

VERSE OF THE MONTH

**1 JOHN 4:8**

Whoever is without love does not know God, for God is love.

**REMEMBER!**

A Sacrament is a sign instituted by Christ to give grace.

**MEMORIZE!**

The Seven Sacraments of the Church are Baptism, Confirmation, Holy Eucharist, Penance and Reconciliation, Anointing of the Sick, Holy Orders, and Holy Matrimony.