



Catch the Spirit



This week, your child learned that:

- ▶ Prayer is a gift from God. And prayer comes from our heart, where we encounter God.
- ▶ Jesus reveals to us the life of prayer: how to pray and what to pray for.
- ▶ Jesus thanked and praised His Father and prayed that His will be done on earth.
- ▶ Jesus prayed for others and prayed for His Father's blessing, and He prayed before the important moments of His public ministry.
- ▶ Jesus prayed with an expectation that His Father would hear and answer His prayers.



Family Talk Time

How can we give praise to God in our everyday lives? What should we ask God when we pray?



Meditation for This Week:

At that time Jesus said in reply, "I give praise to you, Father, Lord of heaven and earth..."

—MATTHEW 11:25



Catch the Spirit



This week, your child learned that:

- ▶ The Our Father is the perfect prayer.
- ▶ With the Our Father, Jesus taught us how to pray and what to pray for.
- ▶ When we pray the Our Father, we ask for God's will to be done, that He take care of our needs, forgive our sins, and help us to forgive others, and that He help us to avoid sin.
- ▶ The different forms of prayer come from the traditions of the Church, Scripture, and the Holy Spirit. The five forms, or types, of prayer are blessing and adoration, praise, petition, intercession, and thanksgiving.



Family Talk Time

In what places do you hear prayer in your life? Where is your favorite place to pray? Why?



Meditation for This Week:

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.