

THE EUCHARIST: JESUS, THE PASSOVER LAMB

DISCUSSION QUESTIONS



1. When did Jesus institute the Eucharist?
2. What is the connection between the Passover and Holy Mass?
3. The Passover was a commemoration of the covenant God made with His Chosen People, the Israelites. What is the New Covenant in Christ?
4. What is Transubstantiation?
5. What are the two main parts of the Mass?
6. What makes Holy Mass unique among Christian worship services?
7. How do we know that the Eucharist is Jesus' Body and Blood and not just a symbol of them?
8. What are the effects of receiving Holy Communion?
9. We may not receive the Eucharist if we have committed a mortal sin that Jesus has not forgiven in Confession. (We will learn more about this in later months.) We are required to fast for an hour before receiving Communion. We should also dress appropriately when we attend Mass and should receive Communion respectfully, whether on the tongue or in the hand. What do all of these facts show us about the Eucharist?
10. Why should we receive Communion frequently?
11. It is often said that the more one attends Mass, the more one wants to attend Mass. Why might that be?
12. The Mass is truly and literally Heaven on earth, the wonderful gift Jesus has given us to be with Him in the flesh. If this truth is hard to understand or to relate to, what changes can you make in your life that will make it easier to experience the Mass for what it truly is?